

Change and growth at JC CWM

Summer is a season of change and new growth and that is exactly what is happening at the JC CWM!

In the past three months we have trained new counselors and receptionists. We also held a workshop on communication and relying on the Word, which was presented by nationally known speaker and author, Mary Kay Beard.

Phone calls to the center have increased, so we know the need is out there and we want to be able to help as many women as possible.

There are two new support groups starting in July; both will be held at the 210 E. High St. location. You'll find more information inside this newsletter. Keep reading! And thank you for your support!



Graduation night for our newest volunteers! Pictured back row are Brenda, Liz, and Melinda (course trainer). Pictured front row are Carolyn, Carol, Leanna, and Diane (board member). Not pictured are Tamela and Toni.

New graduates!

On May 19, we held a ceremony for the latest group of graduates of the Basic Peer Counseling course. All of the JC CWM counselors and group leaders go through this 14 week course, which was developed by the national CWM office. While not everyone who graduates becomes a counselor, they all learn a lot about listening, understanding, Christian compassion, and communication.

We will be starting a new class in August, so watch for more information on our website, www.jccwm.net, or call the center office at (573) 659-8278. You can find more pictures of the graduates and counselors on our website as well!



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Meet our receptionists



Here is a picture of one of our board members, Kathy (center), along with the graduates of Basic Receptionist Training, Tina

women become interested in volunteering.

Kathy has been keeping the JC CWM office open every Tuesday from 12

Marie and Brenda. This two-hour training session was held on May 13 and will be repeated as needed when more

noon to 2 p.m. for several months now and she is quite happy to have some additional help! Thanks, Brenda and Tina!

It means so much, when women call the center for help, to hear a live voice on the other end of the line. If you would like to volunteer a couple hours of your time, give Kathy a call today.

*“I call on you,
O God, for you
will answer me;
give ear to me
and hear my
prayer.”*

Psalm 17:6 NIV

Support group for Living on a Shoestring

The increase in the price of oil isn't just affecting the price you pay at the gas pump. Food prices have also jumped in recent months and more areas of the economy are sure to follow in a ripple effect.

If you're a woman struggling to make ends meet, you should join our

new support group, Living on a Shoestring. This group starts Tuesday, July 8, from 6 p.m. to 8 p.m., at the 210 E High St. location. We will meet the second and fourth Tuesday of each month.

Carol, a recent graduate of Basic Peer Counselor training, will be leading this group. She is excited

about sharing tips and techniques to help you live better within your means.

Participants are asked to bring a three-ring binder to the first class, if possible.

Class size is limited, so please contact the center if you are interested.

Helping victims of sexual abuse

A book study/support group for survivors of sexual abuse starts July 1. The size of this group will be limited to 10-12 women, so please call the center if you are interested in joining this group.

Connie will be the group leader. The material for

the group is based on the book, *Helping Victims of Sexual Abuse: A Sensitive, Biblical Guide for Counselors, Victims, and Families*, by Lynn Heitritter and Jeanette Vought.

Mary Kay Beard wrote the companion workbook for this class and participants

will be provided with a copy of the workbook to keep and a copy of the study book to use.

This group will meet on Tuesday evenings, from 6 p.m. to 8 p.m. at the 210 E. High St. location.

“Rogue Angel” visits the Center



Mary Kay Beard, a nationally known speaker and counselor, visited the JC CWM in June and presented a four-hour workshop on communication and relying on the Word entitled “Filling in the Gaps.” It was an inspiring, entertaining, and information-packed day.

Mary Kay has spent her life counseling others and teaching the transforming power of Jesus. In addition, Mary Kay founded Angel Tree,

the program Prison Fellowship uses to purchase Christmas gifts for inmates’ children.

Mary Kay brought along her biography, *Rogue Angel*, and the center received several copies. If you would like to read more about her remarkable life, please stop by the JC CWM library and check one out.

Contact the center if you would like us to make a presentation about the JC CWM to your church.

Board member highlight—Helen Fisher

Helen Fisher has been with the JC CWM since the beginning over five years ago. She was drawn to the mission of the center because of a vision God gave her many years ago showing her this need for women. When the center was starting, Helen realized, “that’s it!” And there was never any question she would be involved.

Helen’s dream for the center is that “we will be coming alongside women, to empower



them to walk with the peace, comfort, and joy that the Lord intended us to have because of Christ Jesus. “

Helen’s spiritual gift is exhortation; she’s passionate in her desire to help people know how to walk with Christ.. Helen wants “to see all people enjoy what He died to give us.” She expresses her gift through speaking on behalf of the JC CWM, counseling, and leading Bible studies,

Grieving mothers group

If you are a mother who has lost a child, the JC CWM has a group that can help you work through your grief. It’s a safe place to talk about your loved one, share stories, honor their memory, and heal. This group is led by Diane.

The grieving mothers group meets on Fridays from 12 noon to 1 p.m. at the 210 E. High St. location.

Space is limited, so we ask that you contact the center to check for availability.

Current needs

- Prayer partners and leader for a prayer group
- Gallon-size freezer bags (for cinnamon rolls)
- Coffee cups
- Boundaries books (Cloud and Townsend)
- Books on codependency
- Folding chairs
- Folding table
- Smooth glassware (suitable for painting)
- Gift cards to Staples, Wal-Mart, or Target

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What we offer

One-on-one caring partners

- Hurting women are paired with other women who have walked through similar circumstances.

Support groups

- Opportunities for women with similar needs to meet in a small group setting.

Seminars and conferences

- Various topics of interest to women.

Library

- Books, tapes and videos are available for check-out to aid the healing process.

The JC CWM is a non-profit, non-denominational ministry for women of all ages and economic status, promoting emotional and spiritual healing.

Our purpose is to create an environment where non-judgmental listening, sharing, encouragement, and prayer support can take place.

If you have a need, call on us.

If you know someone who has a need, refer them to us.

If you have a heart for service, let us know.

Phone: 573-659-8278

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Join the \$10 club!

Become a sustaining friend of the JC CWM by committing to a monthly gift of \$10.